

For the inquiring minds:

## NUTRITION FOR THE CANINE:

The way to achieve the best results for a beautiful coat on your Afghan hound or any long, short, curly, or harsh coarse coated breed is to have your dog **first healthy, clean and well conditioned**. Many people will ask me "how do I get a **gorgeous coat** on my dog?". I tell them, it **starts with a healthy dog**. A sick, malnutrition or diseased dog cannot produce a gorgeous coat. You must start from the **inside and then work out**. A **healthy** dog, if genetically factored correctly, will produce a wonderful strong, shiny, and lustrous coat. It all starts by what kind of nutrition is fed to your dog. A healthy diet for the canine is to remember the canine is a carnivore (a flesh eating mammal) a hunter by nature. If he were hunting game (which he was intended to do) for food, he would kill the game and eat its stomach first for the pre-digested enzymes and the green that the game had eaten. That is where the dog gets his greens type vegetables. He would **not** eat carrots, peas, broccoli, rice (brown or white), wheat or corn. Then he would eat the flesh meat of the game for the protein, eight essential amino acids, many vitamins and minerals, such as vitamins B<sub>2</sub> and B<sub>12</sub>, vitamin D, iron, zinc and fibre for the energy to hunt tomorrow. Meat is a natural food, free of damaging man-made hydrogenated fats and oils. He would eat the Internal organs, such as heart, liver, kidneys, etc.; loaded with vital nutrients. He would also eat some bones for calcium, phosphorus and the marrow (medullar cavity) inside middle of some of the bones filled with many attributes. Not all bone contain Medullar cavity. It is found in the long bones (i.e., femur or thigh bone.) Bone Marrow contains Melanoma-reactive CD<sub>8</sub><sup>+</sup> effectors T-cells, and Memory T-Cells and blood cells; not to mention calcium, phosphorus and trace mineral, I recommend that a full grown Afghan be fed about 1/3-lb of meat per day. I know that many feel that an all raw meat diet is best, but it can be difficult to do with people's busy lives, and it can be very time consuming along with the freezer space to keep the raw meat. Total raw meat diets are very hard to balance for dogs to insure the proper proteins, grains, vitamins and mineral intake. The same as it is for a human to eat a total vegetarian diet. I feed dry dog food (about one cup per day) for the grains and fibre mainly with 1/3-lb of fresh raw meats. Dogs can digest raw meats with no problems. They don't have the ability to cook their meats in the wild. . When you cook meat, you kill the natural enzymes and destroy many vitamins, (i.e., beef, chicken, lamb, venison, etc.; not turkey it can be a little too rich.) I also add [Summerwinds Health-E-Coat Vitamin Supplement](#) focusing on nutrients that help feed hair. [Summerwinds Health-E-Coat Supplement](#) is pure food and all natural. Along with [E3 Live AFA](#) blue/green algae and [E3 Live Enzymes](#) to help digestion and the body to absorb the nutrients it consumed. I feed this to each of my dogs every day. I do know that many people worry about feeding all natural dry dog foods and what all is in the kibble; how much protein is in each and if it has salts, taurine, eggs, or gluten, etc., etc., On and on.... I myself really don't worry that much about the kibble contents. I do want the kibble to be safe, of course, because I am **not feeding just kibble** and relying on the dry dog food to supply all the nutrients my dogs will need. I have been to the manufacturing plants that dog food kibble are produced in. They mix all ingredients in huge mixers as big as a large truck. Yes, they add a bag of vitamins A, B's, C, E, minerals, etc., and the vitamins and mineral that they state on the package, but who's to say that it is so well mixed and distributed that each bag contains exactly what it says on the label. I do not rely on all my dog's nutrients coming from the kibble. I prefer that the **protein not higher than the 20%, if I can get it**, because I am adding fresh meat to my dog's diet that's full of natural protein. I would also prefer that the kibble contain **no hydrogenated fats and oils** because when oils set for long periods of time (as they do in any bag of dry dog food) they become rancid and destroys vitamin B's. The oils in the fresh meat I am giving, along with what is in [Summerwinds Health-E-Coat Supplement](#), provides all the oil necessary that are natural with no hydrogenated fats That is why I add meat and our [Summerwinds Health-E-Coat Supplement](#) along with [E3 Live AFA](#) & [E3 Live Enzymes](#). This has worked for me for many years now. My dogs are extremely healthy, full of energy, have longevity, are happy and grow gorgeous coats.

**Hair** and **Nails** are appendages of the skin; they are the last part of the body to be sent nutrients. Blood is what feeds hair and nails. The body first uses the nutrients to take care of the vital organs, extremities, tissues, and lastly the hair and nails are fed. So if the animal is deficient at all in any nutrients, the hair and nail will be the first to suffer.