

# *Summerwinds*

## *Helpful hints on Bathing and Grooming Smooth Coated Breeds*



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For some, it is taken for granted that smooth coated breeds are as we say, low maintenance, when it comes to bathing and grooming. They are in comparison to long, curly, oily or wirer coated breeds. When it comes to a short hair show dog, there is still the issue of the dog's coat being in top show condition. A smooth coated dog with healthy, patent leather shine to his coat that reflects light will stand out from the rest of the pack.

The same imagine of a gorgeous black stallion.



This doesn't just happen, in most cases its cultivated through the proper nutrition, exercise, grooming and grooming products.

Starting first with nutrition. If you want to build a skyscraper, you must first start with the foundation. So please take a little time and read below about the nutrition for canines.

For the inquiring minds:

## NUTRITION FOR THE CANINE:

The way to achieve the best results for a beautiful coat on your Afghan hound or any long, short, curly, or harsh coarse coated breed is to have your dog **first healthy, clean and well conditioned**. Many people will ask me "How do I get a **gorgeous coat** on my dog?" I tell them, "It **starts with a healthy dog**." A sick, malnutrition or diseased dog cannot produce a gorgeous coat. You must start from the **inside and then work out**. A **healthy** dog, if genetically factored correctly, will produce a wonderful strong, shiny, and lustrous coat. It all starts by what kind of nutrition is fed to your dog. A healthy diet for the canine is to remember the canine is a carnivore (a flesh eating mammal), a hunter by nature. If he were hunting game (which he was intended to do) for food, he would kill the game and eat its stomach first for the pre-digested enzymes and the green that the game had eaten. That is where the dog gets his greens type vegetables. He would **not** eat carrots, peas, broccoli, rice (brown or white), wheat or corn. He would then eat the flesh meat of the game for the protein, eight essential amino acids, many vitamins and minerals, such as vitamins B<sub>2</sub> and B<sub>12</sub>, vitamin D, iron, zinc and fibre for the energy to hunt tomorrow. Meat is a natural food, free of damaging man-made hydrogenated fats and oils. He would eat the Internal organs, such as heart, liver, kidneys, etc.; loaded with vital nutrients. He would also eat some bones for calcium, phosphorus and the marrow (medullar cavity) inside middle of some of the bones filled with many attributes. Not all bone contains Medullar cavity. It is found in the long bones (i.e., femur or thigh bone.) Bone Marrow contains Melanoma-reactive CD<sub>8</sub><sup>+</sup> effectors T-cells, and Memory T-Cells and blood cells, not to mention calcium, phosphorus and trace mineral. I recommend that a full grown Afghan be fed about 1/3-lb of meat per day. I know that many feel that an all-raw meat diet is best, but it can be difficult to do with people's busy lives. It can also be very time consuming and inconvenient with the freezer space to keep the raw meat. Total raw meat diets are very hard to balance for dogs to insure the proper proteins, grains, vitamins and mineral intake. The same as it is for a human to eat a total vegetarian diet. I feed dry dog food (about one cup per day) for the grains and fibre mainly with 1/3-lb of fresh raw meats. Dogs can digest raw meats with no problems. They don't have the ability to cook their meats in the wild. . When you cook meat, you kill the natural enzymes and destroy many vitamins, (i.e., beef, chicken, lamb, venison, etc.; not turkey, it can be a little too rich.) I also add [Summerwinds Health-E-Coat Food Vitamin Supplement](#), focusing on nutrients that help feed hair. [Summerwinds Health-E-Coat Supplement](#) is pure food and all natural. Along with [Summerwinds Health-E-Coat Supplement](#), I recommend adding [E3 Live AFA](#) blue/green algae and [E3 Live Enzymes](#) to help digestion and the body to absorb the nutrients it consumed. I feed this to each of my dogs every day. I do know that many people worry about feeding all natural dry dog foods and what all is in the kibble; how much protein is in each and if it has salts, taurine, eggs, or gluten, etc., etc., on and on.... I, myself, really don't worry that much about the kibble contents. I do want the kibble to be safe, of course, because I am **not feeding just kibble** and relying on the dry dog food to supply all the nutrients my dogs will need. I have been to the manufacturing plants that dog food kibble are produced in. They mix all ingredients in huge mixers as big as a large truck. Yes, they add a bag of vitamins A, B's, C, E, minerals, etc., and the vitamins and mineral that they state on the package, but who's to say that it is so well mixed and distributed that each bag contains exactly what it says on the label. I do not rely on all my dog's nutrients coming from the kibble. I prefer that the **protein not higher than the 20%, if I can get it**, because I am adding fresh meat to my dog's diet that's full of natural protein. I would also prefer that the kibble contain **no hydrogenated fats and oils** because when oils set for long periods of time (as they do in any bag of dry dog food) they become rancid and destroys vitamin B's. The oils in the fresh meat I am giving, along with what is in [Summerwinds Health-E-Coat Supplement](#), provides all the oil necessary that are natural with no hydrogenated fats. That is

why I add meat and our [Summerwinds Heath-E-Coat Supplement](#), along with [E3 Live AFA & E-3 LiveEnzymes](#). This has worked for me for many years now. My dogs are extremely healthy, full of energy, have longevity, are happy and grow gorgeous coats.

**Hair and Nails** are appendages of the skin; they are the last part of the body to be sent nutrients. Blood is what feeds hair and nails. The body first uses the nutrients to take care of the vital organs, extremities, tissues, and lastly the hair and nails are fed. So if the animal is deficient at all in any nutrients, the hair and nail will be the first to suffer.

## READY TO START:

## GROOMING NEEDS FOR SHORT COATS:

Short coated breeds should be groomed on a daily basis. Start with a boar bristle brush thoroughly brushing at least daily. This will help to remove any dirt or dead hair and loose skin cells from the coat. I've owned both show Whippet's and a Doberman and I can attest to the fact that they shed worst than an Afghan. The difference is, of course, the coat does not mat, but when the coat sheds the hair is stiff and sharp and burrows itself like needles into fabrics and is very difficult to remove. The more often you brush their coats the less shedding you will have to deal with in your cloths, carpets, etc. Brushing also stimulates the skin and blood. Blood is what feeds hair. The more stimulation, the healthier and shinier the coat will be. Because the brushing brings up the natural oils in the skin, lubricating the hair shaft and protecting the hair by keeping the cuticle layer of the hair tightly closed (which then reflects light). The more blood that is stimulated around the hair follicle, the more food is supplied to the hair and the more production of new hairs is produced, and the old dead hairs are shredded. The key to maintaining a health coat on your dogs is that the nutritional needs are met, and the more you brush their coats the more gorgeous they will become.

I love these small rubber brushes for massaging the skin and so do the dogs. We loved this product so much that we now distribute them. Once you try them, you will be amazed. [Grooma™ Groomer Brush by Untangler](#) is lightweight. The 31 flexible rubber fingers reach deep into the pet's coat to remove dirt and loose hair. Provides a pleasant massage for dogs and cats!

### Grooma Groomer® Brush



Grooming products make the same difference in short hair as they do in long.

## CLARIFYING SHAMPOO

Clarifying shampoo is any of a variety of shampoo products that are formulated to **deep clean** the hair by **removing product buildup from the hair shafts**. Styling products, such as, hair spray,

conditioners, and even daily shampoos, can cause buildup on the hair overtime. This buildup can weight to the hair, making it flat and lifeless, as well as prevent the reflection of light, which makes the hair appear dull and dingy. Periodic use of a clarifying shampoo will help remove the buildup. Don't confuse the words buildup with residue. Residue can come for both the conditioning ingredient in shampoos and hair conditioners that will protect the hair shaft. Residue can be a positive, and is essential for the shinny, healthy finished look. Buildup occurs from the accumulation of residue, both from topical styling products as well as some internal medications.

Most clarifying shampoo products contain acetic acid. A chemical compound, though mild as far as acid goes, is known for its de-scaling abilities. As necessary as it is to keep the hair shaft clear of buildup it can be very difficult to find a clarifying shampoo that won't cause more harm than benefit. Many clarifying shampoos are not known for there conditioning abilities. With an improper formulation and harsh stripping agents in the ingredients, some clarifying shampoos are great for aiding in the removal of unwanted buildup of oil, styling products, and other grime, but also remove the natural oils in hair and skin leaving the hair dull and dried out.

We at **Summerwinds** have worked long and hard on formulating our **(NEW) Summerwinds Remove-A-Way ~ Clarifying Shampoo**. Finally arriving with the prefect answer in our **Summerwinds Remove-A-Way ~ Clarifying Shampoo**, which is effective in removing product build up and any accumulation buildup on the hair shaft, but is also formulated not to deep cleanse so thoroughly as to remove any natural oils and moisture in the hair and skin or residue from conditioning agents in shampoos and conditioners that we want to remain on the hair shaft; along with maintaining the same 6.5 pH balance that is mild and gentle as all the other shampoo in our **Summerwinds'** line.

If your dog's coat has been neglected or damaged by other product brands, it is wise to start with using **Summerwinds Remove-A-Way Clarifying Shampoo** (diluted as directed on label) leaving on the coat for 5 to 10 minutes, every 3<sup>rd</sup> or 4<sup>th</sup> bath. Follow by using **Summerwinds Shine-Onn Shampoo** (diluted) leave on coat for 3 minutes every week, which is gentle and mild and will help maintain the tightly close cuticle on the hair shaft.

While in the tub I like to use this brush on them after I've lathered up the coat. The **Grooma Soft Touch™ Pet Hair Brush by Untangler™** is great on smooth coats, shorthaired dogs, cats, or rabbits. This brush is great while bathing to polish and shine skin and hair. Follow by using **Summerwinds Find-L-Shine Cream Rinse**. Skin and Hair are acid and do not like to be in an alkaline state. By following every shampoo with **Summerwinds Find-L-Shine Cream Rinse**, this will restore the animal's pH balance. Conditioners are the one thing that I find is not used enough on short coats. This can be a big mistake. Using our **Summerwinds Protect-A-Coat Oil Conditioner** for in between show grooms and for maintenance grooming will not only protect the coat while out doors or in the field from sun burning, it will also help to reconstruct damaged coats.

**Grooma Sof-Touch® Brush**



Grooming short coats doesn't stop after the bathing process. There is trimming of ears, and cleaning up outline and tail. Some breeds are shown with their whiskers and any long, stiff hairs on eyebrows and cheeks are trimmed. Ears are cleaned and nails are cut and polished.

One big concern is any skin disorders.